

Ulcerative Colitis

Ulcerative colitis is a recurrent inflammation of the colorectum. It is characterized by bloody diarrhea, abdominal pain, fever, anemia and weakness. It usually develops between the ages of 25 - 45 and 10 - 15% of cases have a family history of this disease. Inflammation limited to the rectum (ulcerative proctitis) is a more mild form of the disease when compared to inflammation of the entire colon. Those with ulcerative colitis have a higher incidence of colon cancer, especially if the disease has been present for more than 10 years. Regular checkups with colonoscopy are important. Treatment may include anti-diarrheal agents, 5-ASA compounds such as sulfasalazine, corticosteroids, immunosuppressive agents, or surgery. A total colectomy (removal of entire colon with or without colostomy) is curative.

If your client has a history of Ulcerative Colitis, please answer the following:

1. Please list date of first diagnosis _____

2. Please note the type of inflammatory bowel disease present:

Chronic Ulcerative Colitis _____

Chronic Proctitis (inflammation in rectum only) _____

3. Is your client on any medications?

Yes, Please give details:

4. Please check if your client has had:

Hospitalizations for this disorder (list dates)

Surgery for this disorder (list dates)

Colonoscopy (list dates of most recent)

5. Please note client's build:

Height _____ Weight _____

6. Has your client smoked cigarettes or any other tobacco products in the last 5 years?

Yes _____

No _____

7. Does your client have any other major health problems (heart disease, etc.)?

Yes, please give details
